



INAM UL HAQ

SITE HSE MANAGER

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📍 House # 249, Main Double Road, G-15/2, Islamabad, Pakistan

EDUCATION

Innovative College Of Professional Studies

OTHM Level 7 Diploma in Occupational Health and Safety Management
04/2024 to 09/2024

Innovative College Of Professional Studies

ProQual NVQ Level 6 Diploma in Occupational Health and Safety
03/2024 to 10/2023

ERTC Energy Training and Research Center (Renewable Energy)

June 19-23 2023
Solar PV Design, Installation, Performance and Business, Training Certificate

Oxford Home Study Centre

Diploma In Construction Management
09/2023 to 11/2023

CCOHS.CA

An Orientation to Psychological Health & Safety in the Workplace
09/2023 to 10/2023

Google Online Course

Foundation Of Project Management
03/2023 to 05/2023

ABOUT ME

I am a highly motivated and skilled HSE Site In Charge with extensive experience in successfully implementing and managing health, safety, and environmental programs. I am committed to ensuring compliance with all regulations and standards, reducing workplace incidents, and fostering a safe working environment. Additionally, as an Operations Manager in Solar Trading, Execution, and Maintenance, I possess strong capabilities in overseeing the end-to-end development, trading, and maintenance of solar energy projects, ensuring compliance, efficiency, and profitability. My leadership in trading over 15 MW from China, executing these projects, and maintaining operations with zero complaints and zero loss of production time since June 2020 has further honed my skills in strategic planning and operational execution. I am seeking a challenging position where I can leverage my expertise to contribute to the organization's overall success.

WORK EXPERIENCE

SITE HSE MANAGER

Spud Energy Pty Ltd

Daharki, Sindh, Pakistan

2012 - Present

Health, Safety, and Environment (HSE) Duties

As the Health, Safety, and Environment (HSE) Manager, it is my responsibility to ensure the well-being of personnel and the safe operation of a site. My duties encompass a wide range of responsibilities related to safety, health, and site administration, including but not limited to:

- Risk Assessment
- Safety Procedures
- Training and Awareness
- Safety Equipment
- Emergency Response Plan
- Incident Reporting
- Safety Audits and Inspections
- Regulatory Compliance
- Documentation
- Safety Signage
- Safety Training & Drills
- Environmental Protection
- Personal Protective Equipment (PPE)
- Fire Safety
- Site Security
- Visitor Management & Training

Stanford University Online Certification

Stanford Introduction to Food & Health
01/2003 to 03/2003

OSALP Occupational Safety and Loss Prevention

Health, Safety and Environment Officer
04/2015 to 04/2015

Horizon Occupational Safety and Health Training Institute

NEBOSH International General Certificate
01/2013 to 05/2014

Pakistan Institute of Quality Control (PIQC), Lahore, Pakistan

OHSAS 18001, Lead Auditor
06/2008 to 06/2008

Professional Maritime Educational and Training Institute, Karachi, Pakistan

Advance Firefighting
05/2008 to 05/2008

Descon Engineering Training Institute Lahore, Pakistan

Safety Inspector Diploma
11/2007 to 12/2007

LANGUAGE

- English
- Urdu

EXPERTISE

- Operations Management
- Health and Safety
- Risk Assessment
- Regulatory Compliance
- Incident Investigation
- Emergency Response
- Safety Management Systems
- Behavior-Based Safety
- Leadership
- Continuous Improvement
- Personal Protective Equipment(PPE)

Administrative Assistant & Plant HSE Incharge

Abahsain Fiberglass M.E (W.L.L), Manama, Bahrain

April/2009 to 02/2012

Health, Safety, and Environment (HSE) Duties

As the Health, Safety, and Environment (HSE) Manager, it is my responsibility to ensure the well-being of personnel and the safe operation of a site. My duties encompass a wide range of responsibilities related to safety, health, and site administration, including but not limited to:

- Office Management
- Document Management
- Correspondence & Coordination
- Travel Arrangements
- Warehouse Safety Management
- HSE Training
- Risk Assessment
- Safety Procedures
- Training and Awareness
- Safety Equipment
- Emergency Response
- Incident Reporting
- Safety Audits and Inspections
- Regulatory Compliance
- Documentation
- Safety Signage
- Environmental Protection
- Personal Protective Equipment (PPE)
- Fire Safety
- Site Security

HSE OFFICER

Descon Engineering Pvt Ltd,
CLIENT: GASCO & BAB Hubshan, Abu Dhabi
Jan/2008 to May/2008

Health, Safety, and Environment (HSE) Duties

Working as a Safety Officer at a sour gas plant is a highly specialized and demanding role, requiring a deep understanding of H2S safety measures and a strong commitment to preventing accidents and protecting workers and the environment. including but not limited to:

- HSE Training
- Risk Assessment
- Safety Procedures
- Training and Awareness
- Safety Equipment
- Emergency Response
- Incident Reporting
- Safety Audits and Inspections
- Regulatory Compliance
- Documentation
- Safety Signage
- Environmental Protection
- Personal Protective Equipment (PPE)
- Fire Safety
- H2S Awareness & Training
- Heavy Lifting
- Confined Space
- Safety Culture
- Continuous Improvement

HSE SUPERVISOR

Descon Engineering Pvt Ltd,
 CLIENT: ICI, PPTA Plant, Chemical Plant
 Maintenance and Daily Production Activities
 Lahore Pakistan
 Jan/2004 to Nov/2006

Health, Safety, and Environment (HSE) Duties

My role as a Safety Supervisor in a chemical plant is pivotal in maintaining a safe and compliant working environment while minimizing the potential for accidents and harm to personnel and the environment. As a Safety Supervisor, being highly vigilant and proactive in identifying and mitigating risks associated with chemical processes and operations is paramount. This proactive approach is essential to ensure the well-being of employees, protect the surrounding environment, and prevent accidents.

- HSE Training
- Risk Assessment
- Safety Procedures
- Training and Awareness
- Safety Equipment
- Emergency Response
- Incident Reporting
- Safety Audits and Inspections
- Regulatory Compliance
- Documentation
- Safety Signage
- Hazardous Chemical Management
- Environmental Protection
- Personal Protective Equipment (PPE)
- Fire Safety
- H2S Awareness & Training
- Heavy Lifting
- Confined Space
- Safety Culture
- Continuous Improvement
- Site Security

HSE OFFICER

Descon Engineering Pvt Ltd,
CLIENT: PARCO S/D T.A Karachi, Pakistan
Maintenance and Daily Production Activities
Jan/2000 to Nov/2003

Health, Safety, and Environment (HSE) Duties

My role as a Safety Officer in a refinery plant is integral to maintaining a safe working environment, preventing accidents, and protecting both employees and the surrounding environment. Being vigilant and proactive in identifying and mitigating risks is essential to the success of this role. Here are the key responsibilities of a Safety Officer in this context

- HSE Training
- Risk Assessment
- Safety Procedures
- Training and Awareness
- Safety Equipment
- Emergency Response
- Incident Reporting
- Safety Audits and Inspections
- Safety Policies
- Hazardous Material Management
- Personal Protective Equipment (PPE)
- Hazardous Material Spill Control
- Process Safety Management
- Environmental Compliance
- Continuous Improvement
- Safety Reporting

REFERENCES

Qaisar Ijaz

Field Incharge

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