



CURRICULUM VITAE

GEORGE NICHOLAS ADENYO

TEL: 0707724933/0705539877

Email;gadenyo445@gmail.com.

PERSONAL DETAILS

GENDER	:	MALE
DATE OF BIRTH	:	1977
ID NO.	:	20259308
PASSPORT NO	:	BK122208
CDC NO	:	0010048
MARITAL STATUS	:	MARRIED
NATIONALITY	:	KENYAN
RELIGION	:	CHRISTIAN
LANGUAGE	:	ENGLISH -FLUENT SPANISH –FLUENT FRENCH - MODERATE :

PERSONAL OBJECTIVES

A hardworking and patient am self-driven and highly motivated which clear vision ready to take opportunity and to face challenges when the arise am a social person and can work well with people from a different backgrounds I enjoy and take interest in learning as well as development to my environment and working place, keen to progress and utilize acquired skill and knowledge.

CAREER OBJECTIVES

To be credible and efficient time, resources scope and team player who embraces the potential for the growth and development

To apply skills attitudes and theoretical knowledge acquired from my studies, serve diligently in exciting challenging and dynamic working environment

EDUCATION BACKGROUND

JUNE 2008– JUNE 2010 : KENYA INSTITUTE OF MANAGEMENT
DIPLOMA IN FOOD & BEVERAGES /HOSPITALITY

**2024; STCW TRAINING AT BANDARI MARITIME ACADEMY-
MOMBASA,KENYA.**

1992-1995 : ST. MARYS SEMINARY HIGH SCHOOL KWALE

Attained a certificate of Kenya secondary education

1991 : LIKONI PRIMARY SCHOOL

Attained a certificate of Kenya Primary Education

WORK EXPERIENCE

2011 – 2012 : THE RITZ CARLTON DOHA

Position : Pool Attendant

2010 – 2011 : MARIOTT DOWNTOWN DUBAI

Position : Front Office/PBX

16 YEARS SEATIME IN VARIOUS SHIPPING COMPANIES

POSITION : Cook/ASST.COOK/Kitchen
Steward.

HOBBIES

- ✓ Swimming
- ✓ Traveling
- ✓ Playing basketball

REFEREES

1. MICHEAL MUNDU
HOTELIER
TEL: 0722803846

2. BENJAMIN KABUI
TRANSPORTER
TEL: 0741168273

Place of Residence / *Mukahi aishipo* / Lieu de Résidence
KOPUDO, KOPUDO

5'7" *ft/in* **1.7** *m/cm*

Special Peculiarities / *Alama yoyote isiyo ya kawaida* / *Particularités Spéciales*
NIL

Signature of Passport Officer / Sahihi ya Afisa wa Pasi /
Signature de l'Agent des Passeports

PEARL

Topic/Issue	Country Code/Number or Sub/Code or Page	Request No./Number or Para/1 st or Paragraph
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BK122208

Summary: *See above.*

ADENYO

GEORGE NICHOLAS OLEWE

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KENYAN

Date of Birth/Naixença ou Nascimento

Personal No./Nombrat ya Kibungo/M° Personnel

21 APR 1977

843044

Sex: Female; Size: Place of Birth: Mahuli; pa Kaculwa; Lines of Descent:

M KISUMU, KEN

Date of Issue / Date de Diffusion: 1997-09-15

19 AUG 2020

Date of Expiry Termination Matches Date of Expiration

18 AUG 2030

Issuing Authority: *Mandala ya kutua Pasa kutani*

GOVERNMENT OF KENYA

Holder's Signature: *Sukhi ji Mwanje Puri*
Signature of Notary:

Signature du Titulaire

P<KENADENYO<<GEORGE<NICHOLAS<OLEWE<<<<<<<<<
BK122208<4KEN7704215M300818820259308<<<<<56

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST
YELLOW FEVER

CERTIFICAT INTERNATIONAL DE VACCINATION OU DE REVACCINATION CONTRE
LA FIÈVRE JAUNE

This is to certify that
le soussigné(e) certifie que
whose signature follows
dont la signature suit

GEORGE NICHOLAS
ADENYO
Date of birth 1977 sex M
Age 42 le sexe

has on the date indicated been vaccinated or revaccinated against yellow fever.
a été vacciné(e) ou revacciné(e) contre la fièvre jaune à la date indiquée.

Date	Signature and professional status of vaccinator	Origin and batch No. of vaccine	Official stamp of vaccinating centre
	Signature et qualité professionnelle du vaccinateur	Origine du vaccin employé et numéro du lot	Cachet officiel du centre de vaccination
26th Nov 2019	Port Health Officer Mombasa, Kenya	Standard Batch/Lot no.	3473 Port Health Services Mombasa, Kenya

	Revaccination		2	3
3	Revaccination			
4	Revaccination		4	
5	Revaccination			

The validity of this certificate shall extend for a period of three years, beginning eight days after the date of a successful primary vaccination or, in the event of a revaccination, on the date of that revaccination.
The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

La validité de ce certificat couvre une période de trois ans commençant huit jours après la date de la primo-vaccination effectuée avec succès (prise) ou, dans le cas d'une revaccination, le jour de cette revaccination.
Le cachet d'authentification doit être conforme au modèle prescrit par l'administration sanitaire du territoire où la vaccination est effectuée.

Toute correction ou rature sur le certificat ou l'omission d'une quelconque des mentions qu'il comporte peut affecter sa validité.



REPUBLIC OF KENYA

KENYA MARITIME AUTHORITY

Merchant Shipping (Training and Certification) Regulations 2016

Certificate of Proficiency

BASIC SAFETY TRAINING FOR SEAFARERS

The Government of the Republic of Kenya certifies that,

Name	GEORGE NICHOLAS ADENYO
Passport/ Id. No	20259308
Country of Birth	KENYA
Date of Birth	21 APRIL 1977
Signature of holder	



has been found duly qualified in

Training	STCW Code	Date of Expiry
Personal Survival Techniques	Table A-VI/1-1	28 January 2029
Fire Prevention and Fire Fighting	Table A-VI/1-2	28 January 2029
Elementary First Aid	Table A-VI/1-3	N/A
Personal Safety and Social Responsibility	Table A-VI/1-4	N/A

conducted in accordance with the provisions of **Regulation VI/1** of the International Convention on Standards of Training, Certification and Watch keeping for Seafarers, 1978, as amended and has also met the criteria applicable to the issue of this certificate.

Date of issue: 2 FEBRUARY 2024

Signature:

Name: Captain Peter Munga

Certificate No: BST 9072

Head of Seafarers' Training, Examination and Certification

This certificate must be kept available in its original form on board the ship on which the holder is serving in accordance with Regulation 1/2 paragraph 11 of STCW, 1978 as amended.

Any person other than the holder who may come into possession of this document is kindly requested to send it to Kenya Maritime Authority, P.O Box 95076-80104 Mombasa, Kenya. The authenticity of this document may be verified at the website address: www.kma.go.ke or by making an inquiry to the above address



No. 0023086

REPUBLIC OF KENYA

KENYA MARITIME AUTHORITY
Merchant Shipping (Training and Certification) Regulations 2016

Certificate of Proficiency

SECURITY TRAINING FOR SEAFARERS WITH DESIGNATED SECURITY DUTIES

The Government of the Republic of Kenya certifies that;

Name **GEORGE NICHOLAS ADENYO**
Passport/ Id. No **20259308**
Country of Birth **KENYA**
Date of Birth **21 APRIL 1977**
Signature of holder



has been found duly qualified in accordance with the provisions of
Regulation VI/6 para. 4
of the International Convention on Standards of Training, Certification and Watch keeping
for Seafarers, 1978, as amended and has also met the criteria applicable to the issue of this
certificate.

Date of issue: **5 FEBRUARY 2024**

Signature:

Name: **Captain Peter Munga**

Certificate No: **DSD 053**

Head of Seafarers' Training, Examination and Certification

This certificate must be kept available in its original form on board the ship on which the holder is serving in accordance with Regulation 1/2 paragraph 11 of STCW, 1978 as amended.

Any person other than the holder who may come into possession of this document is kindly requested to send it to Kenya Maritime Authority, P.O Box 95076-80104 Mombasa, Kenya. The authenticity of this document may be verified at the website address: www.kma.go.ke or by making an inquiry to the above address



Certificate No: 14352

REPUBLIC OF KENYA

SEAFARER MEDICAL CERTIFICATE

Issued under Regulation 6 of the Merchant Shipping (Seafarer Medical Examination and Certification) Regulations, 2016

SEAFARER INFORMATION

Last name: ADEMYO	First name: GEORGE	Middle name(s): NICHOLAS
Nationality: KENYAN	Passport No: 20259308	Date of Birth: 21/04/1977
Gender: ☒ Male ☐ Female	Rank/Job: COOK	Discharge book No: 28700
Department: GALLEY		

This is to certify that above named seafarer has been examined in accordance with the Seafarers' medical fitness standards and certification requirements established in accordance with the provisions of regulation I/9 of the STCW Convention, 1978 as amended, and regulation 1.2, Maritime Labour Convention, 2006 as amended and found to be fit for sea service, subject to any limitations indicated

DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER

	Yes	No
1. Confirmation that identification documents were checked at the point of examination	☒	☐
2. Hearing meets the standards in STCW Code Section A-I/9? Date of test (dd/mm/yyyy): 19/07/2023	☒	☐
3. Unaided hearing satisfactory?	☒	☐
4. Visual acuity meets standards in section A-I/9? Visual aids (if worn): ☐ Spectacles ☐ Contact lenses ☒ None	☒	☐
5. Colour vision meets standards in section A-I/9? Date of last color vision test: 19/07/2023	☒	☐
6. Fit for look-out duties? (Deck and Engine Dept. only)	☒	☐
7. Limitations or restrictions on fitness?	☐	☒
If "Yes", specify limitations or restrictions: n/a Examination form No:		
8. Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?	☒	☐
Date of Issue (dd/mm/yyyy): 19/07/2023	Date of Expiry* (dd/mm/yyyy): 18/07/2025	
RECOGNIZED MEDICAL PRACTITIONER Sign: DR KARUME M.O. mmed (UON) Name (print): DR KARUME Place of issue: Box 97921-80112, MOMBASA Seal/Stamp: karume.michael@yahoo.com	REGISTRAR OF KENYAN SEAFARERS Sign: Michael Karume Name (print): Michael Karume Place of issue: 2023 JUL 19 Seal/Stamp: REGISTRAR OF KENYAN SHIPS & SEAFARERS KENYA MARITIME AUTHORITY	

SEAFARER'S DECLARATION: I hereby confirm that I have been informed about the content of this certificate and my right to appeal in accordance with the Merchant Shipping (Seafarer Medical Examination and Certification) Regulations, 2016. Signature of the seafarer:  *Valid for a maximum period of two years unless the seafarer is under the age of 18, in which case the maximum period of validity shall be one year.



MERCHANT SHIPPING (MEDICAL EXAMINATION) REQUEST FORM

Regulation 7

Medical Examination Request Form

(To be completed by the seafarer or employer)

To:

Dr. : KARUME

Address: HSSE BUILDING MOMBASA

Telephone: 0722632739

Date: 19/07/2023

Please carry out a

Pre-sea*	health assessment of <u>GEORGE NICHOLAS ADENYO</u>
Periodic*	
Other*	

For the position of COOK

Yours sincerely,

Please keep all the Medical Examination forms in your confidential files in accordance with normal medical practice and return a copy of the certificate of Medical Fitness together with your account to:

Name:

Position:

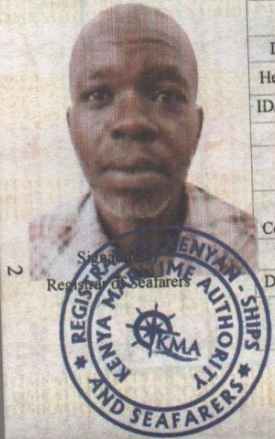
Address:

Phone:

Fax:

*delete where not applicable

PERSONAL DETAILS



Surname:	ADENYO	
Other name(s)	GEORGE NICHOLAS	
Nationality:	KENYAN	Place of Birth/Country: KISUMU - KENYA
Date of Birth:	21 APRIL, 1977	
Height (Inches):	5.6'	Gender: MALE
ID/Passport No:	BK122208	CDC No. 6417
Name:	CATHERINE KITIRO ZIRABA	
Next of Kin:	Relationship (WIFE)	
Address:	P.O. BOX 84254, MOMBASA	
Contact details:		
Date of Issue:	31 JULY, 2023	
Date of Expiry:	30 JULY, 2028	
Signature:		
holder		

CDC No. 006417

Issued by Kenya Maritime Authority

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CDC No. 006417

CDC No. 006417

CDC No. 006417

SEAGOING SERVICE RECORD

SEAGOING SERVICE RECORD

POSITION	SHIP'S NAME AND DETAILS	DATE AND	PLACE OF	DESCRIPTION OF	Signature of Master or Registrar of Seafarers
		ENGAGEMENT	DISCHARGE	VOYAGE FOREIGN/COASTAL	
RANK: STCW REF:	NAME: MAR DE TYPE: PURSE SEINER IMO No. 8212075 GT. 2767 KW. 4194	18-08-23 POSONIA (ECUADOR)	PORT LONDON (KIRIBATI) 27-12-23	FISHING	
RANK: STCW REF:	NAME: TYPE: IMO No. _____ GT. _____ KW. _____				
RANK: STCW REF:	NAME: TYPE: IMO No. _____ GT. _____ KW. _____				

PERSONAL DETAILS

Surname:	ADENYO		
Other name(s):	GEORGE NICHOLAS		
Nationality:	KENYAN	Place of Birth(Country):	KISUMU CENTRAL
Date of Birth:	21 APRIL 1977		
Height (Mtrs):	1.73	Gender:	MALE
ID/Passport no:	20259308	CDC No:	10048
Next of Kin:	Name:	CATHERINE KITORO ZIRABA	
Address/Contact details:	Relationship:	WIFE	
Date of Issue:	0721890032		
Date of Expiry:	05 FEBRUARY 2024		
Signature of Registrar of Seafarers:	04 FEBRUARY 2029		
Signature of holder:			



Signature of Registrar of Seafarers:

[Handwritten signature]

Issued by Kenya Maritime Authority

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CDC No.
0010048



CDC RENEWAL

Date of Renewal

Date of Expiry

Signature of Issuing Officer

Designation of Issuing Officer

Official Stamp

CERTIFICATES OF COMPETENCY

NUMBER	GRADE	DATE OF ISSUE	DATE OF EXPIRY



(PIN):

National Social Insurance Fund No. _____

National Hospital Insurance Fund No. _____

Union No. _____

IMPORTANT

1. This book is issued by the Registrar of Seafarers, Kenya Maritime Authority on production of valid basic safety training for Seafarer's Certificates, issued in accordance with STCW 1978, as amended.
2. Should this CDC be lost, a report should be filed with the police and on production of a police abstract, consideration will be made for issuance of a new book.
3. If the CDC has been lost by any other cause other than shipwreck or fire on board, charges will be made for issuance of a new book.
4. MERCHANT SHIPPING ACT, 2009. SECTION 126(3)

Every person who:

- (a) Makes a false report of character under this Act knowing the same to be false;
- (b) Forges or fraudulently alters any certificate of discharge or report of character or copy of report of character;
- (c) Fraudulently uses any certificate of discharge or report of character, or copy of a report of character which is forged or altered or does not belong to him;

Shall be liable of conviction to a fine not exceeding one hundred thousand shillings or imprisonment for a term not exceeding six (6) months or both.

NOTICE

1. This CDC may be issued only to a person who is a citizen of the Republic of Kenya and who is employed or engaged or ordinarily employed in the sea going employment.
2. Only Registrar of Seafares or other duly authorized person may make entry or alteration in this book.

DECLARATION

I DECLARE (1) that the person whom this book is issued has satisfied me that he/she is a citizen of Kenya and is entitled to hold the book; and (2) that the signature and personal description of that person are true.



Official Stamp

SEAGOING SERVICE RECORD

SEAGOING SERVICE RECORD

	POSITION	SHIP'S NAME AND DETAILS	DATE AND PLACE OF ENGAGEMENT
7.	RANK: STCW REF.: <i>COOK</i> <i>ASSIST</i>	NAME: <i>GALENA II</i> TYPE: <i>SEINER</i> IMO <i>9663154</i> No. <i>SEV 14</i> GT: _____ KW: _____	<i>1602-24</i> <i>Port Victoria</i>
8.	RANK: STCW REF.:	NAME:  TYPE: _____ IMO _____ No. _____ GT: _____ KW: _____	
9.	RANK: STCW REF.:	NAME: _____ TYPE: _____ IMO _____ No. _____ GT: _____ KW: _____	

10

DATE AND PLACE OF DISCHARGE	DESCRIPTION OF VOYAGE	Signature of Master or Registrar of Seafarers
	FOREIGN/COASTAL/INLAND	
<i>2004-24</i> <i>Port Victoria</i>		
		

11

All particulars to be in CAPITAL LETTERS

Surname: A D E N Y O

Other Names: G E O R G E N I C O L A S

Birth: (a) Date: 1977 (b) Place: KISUMU

Colour of (a) Eyes: DARK / BROWN

(b) Hair: BLACK

Complexion: BLACK Height: 5'6"

Distinguishing Marks (if any): NONE

Nationality: KENYAN

Home Address: P.O. BOX 96618

MO M B A S A - K E N Y A

Name, Relationship & Address of next of kin: CATHRINE

KITIRO ZIRABA (WIFE) P.O. BOX

96618 MO M B A S A - K E N Y A

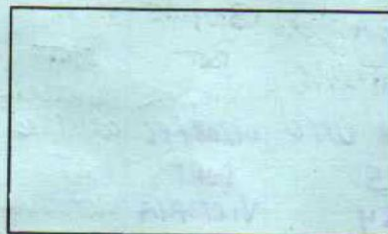
PHOTOGRAPH OF SEAFARER



M.S.O.
Embossing
Stamp

SIGNATURE OF SEAFARER

LEFT THUMB PRINT (AND SIGNATURE OF A WITNESS IF
SEAFARER CANNOT WRITE HIS NAME):



Compiled from lists of Crew and Official
and copy of Report of Character

Log Books or from other Official Records,
if desired by the Seafarer.

No.	*Name of ship and official number and tonnage	Date and place of		*Capacity	Description of voyage	Signature of (1) Master, and of (2) Registrar of Seafarers	
		Engagement*	Discharge			(1)	(2)
1	FORMERLY ENGAGED ON ALBACAN					(1) <i>Am Ketur</i>	(2) <i>2 OCT 2012</i>
2	SVS MORGAN No 100151 GT=863	19.11.12 DARE SALAM MOMBASA	25.04.13 MOMBASA		FG ASS. COOK	(1) <i>[Signature]</i>	(2) <i>[Signature]</i>
3	SVS MORGAN No 100151 GT=863	20.07.13 MOMBASA	05.09.13 MOMBASA		F/G CHIEF COOK	(1) <i>[Signature]</i>	(2) <i>[Signature]</i>
4	PLAYA ANZORAS STJ GT=863	30-10-14 PORT VICTORIA	21/05/2015 PORT VICTORIA		ASS. COOK	(1) <i>[Signature]</i>	(2) <i>[Signature]</i>
5	PLAYA DE ANZORAS STJ GT=2446	08-09-15 PORT VICTORIA	15-10-15 PORT VICTORIA		ASS. COOK.	(1) <i>[Signature]</i>	(2) <i>[Signature]</i>
6	ALBACORA UNO 9127435 GT: 3.584	01/08/16 PORT VICTORIA	03/12/16 PORT VICTORIA		F. G. ASS WAITER	(1) <i>[Signature]</i>	(2) <i>[Signature]</i>

It is an offence to give false information according to the

Merchant Shipping Act, 2009, Section 126(3)

Compiled from lists of Crew and Official
and copy of Report of Character

No.	*Name of ship and official number and tonnage	Date and place of		*Capacity
		Engagement*	Discharge	
7	ALBACORA UNO 9127435 G.T. 3584	13-04-2017 DIEGO SWAREZ (MADAGASCAR)	24-10-2017 PORT VICTORIA	
8	ALBACORUM UNO 9127435 G.T. 3584	28-12-17 PORT VICTORIA	02-05-18 PORT VICTORIA	
9	ALBACORA UNO 9127435 G.T. 3584	19-06-2018 PORT VICTORIA (SEYCHELLES)	18-11-2018 PORT VICTORIA (SEYCHELLES)	
10	ATERRA ALA 9842011 G.T. 2789	27-10-2020 MOMBASA	28-01-21 PORT VICTORIA	
11	MISS JANE 897703 GT - 1490	17-05-21 MBA	2-12-21 MBA	
12				

It is an offence to give false information according to the

g Books or from other Official Records.
desired by the Seafarer.

No.	Description of voyage	Signature of (1) Master, and of (2) Registrar of Seafarers	
		(1)	(2)
1	F.G. ASS WAITER	(1)	(2)
2	F.G. ASS WAITER	(1)	(2)
3	F.G. ASS WAITER	(1)	(2)
4	F.G. ASS WAITER ASS. WOOD	(1)	(2)
5		(1)	(2)
6		(1)	(2)

F/V Miss Jane
Reg. No. 101221
Call Sign: 52AAV
Official No: 2026
Port of Registry: MOMBASA

Merchant Shipping Act, 2009, Section 126 (3)



THE KENYA INSTITUTE OF MANAGEMENT

This is to certify that

GEORGE NICHOLAS ADENYO

*having completed the prescribed course of study and
passed the required examinations*

has been awarded

Diploma in FOOD & BEVERAGES

HOSPITALITY

Given under the Common Seal of

THE KENYA INSTITUTE OF MANAGEMENT

This 22nd *day of* June *Year* 2010

Director, K.I.M. School of Management

Executive Director/CEO, K.I.M.



Student Admission Number

CBM/MSA/28916

SVS Morgan Messman

Special OSM Appraisal for ADENYO GEORGE NICHOLAS 11 Feb 2013.

During our Director of Operations to visit SVS Morgan on the 06 Jan 2013 to discuss crew discontent, I was tasked to assess our mess man's ability to be promoted to the position of a vessel's cook within SVS. As I am leaving the vessel on the 16 Feb here is my appraisal of Nicolas. Captain Yanakiev with complete a SOME 15.26 when Nicolas sign's off in March.

Nicholas's conduct has been highly professional during his last 6 weeks on board the Morgan. He has ability to cook well and will always turn out well prepared, tasty and well-proportioned meals whether it is breakfast, lunch or evening dinner. He has stepped up to take on full cooking responsibilities twice when our cook Petov had to be stood down from his duties due to illness. During this period the Captain allowed him free run of the Galley and he performed admirably. During this period he single handily ran the Galley for a 3 day period and a further 48 hours respectively. He remained focus and kept up high professional standards throughout. At present and since his embarkation back in Oct Nicolas has sheared the cooking duties on SVS Morgan.

Nicolas can prepare Western and African foods well and will cater for all crew palate's, this is vital when we have embarked Kenyan or Tanzania Navy personnel on-board and also for African crew members.

He fluent in English and is English literate. Nicolias is always well turned out and he takes pride in his appearance, always wearing chef whites, a chef's hat and safety shoes when performing his duties.

He has been given notional food orders to prepare by Captain Yanakeiv and these have been correct in relation to being in budget and quantities for the crew so he has proved he can place well budgeted food orders.

During our resent food resupply in Mombasa on 26 Jan Nicolas's expertise in communicating with the Kenyan Chandlers was invaluable as he checked the quality of stock, asked questions on the amounts and directed the ship's crew on the placement of the different commodities. The loading of foodstuffs and water went smoothly through Nicolas efforts and direction.

He is in my opinion Nicolas is ready to be a chef and I would gladly see with him as my cook when embarked on a vessel.

Ian Ripley
SVS BG 099 OSM.
13 Feb 2013





Conforme a la Directiva 852/2004, se emite el presente

CERTIFICADO

a

GEORGE NICHOLAS ADENYO (BK122208)

Por superar con aprovechamiento el programa de formación en
Higiene Alimentaria – Manipulación de alimentos,

con un total de 8 horas lectivas.

En Bermeo, a 14 de diciembre de 2023.

Fdo. Unai Maguregi
Responsable de Fonda

El interesado

JESÚS DALMAU MEÑICA, Director Territorial del **Igualatorio Médico Quirúrgico Prevención S.L.U**

CERTIFICA:

Que la persona que a continuación se relaciona, perteneciente a la empresa ALBACORA S.A. N.I.F. A11902269, ha realizado con aprovechamiento, en modalidad A Distancia, el Curso de PRL de PERSONAL DE FONDA y ha recibido la formación e información adecuada en Prevención de Riesgos Laborales, según lo establecido en los artículos 18, 19 y 20 de la Ley 31/1995 de 8 de noviembre de Prevención de Riesgos Laborales, con una duración de 4 horas y cuyo programa se especifica en el reverso del presente certificado.

GEORGE NICHOLAS OLOWE ADENYO con NIF/NIE / N° EMPLEADO 9998966

Y para que así conste, expido el presente certificado en ZAMUDIO, a 28 de Agosto de 2023.

GEORGE NICHOLAS OLOWE
ADENYO
Firma alumno

 **IMQ Prevención**
Formación
Pcd Lurralde Zuzendaria
Pereira 10-4º
48100 Zamudio

Jesús Dalmau Meñica
Director Territorial/Lurralde Zuzendaria
Igualatorio Médico Quirúrgico Prevención S.L.U

Conforme al art. 19 de la Ley de Prevención de Riesgos Laborales 31/1995, la formación de los trabajadores debe adaptarse a la evolución de los riesgos y la aparición de otros nuevos y repetirse periódicamente. IMQ Prevención recomienda que el periodo no sea superior a 5 años

CONTENIDO

- Prevención de Riesgos Laborales en el puesto de trabajo según lo establecido en el artículo 18 y 19 de la Ley 31/1995 de 8 de noviembre de Prevención de Riesgos Laborales:
 - Información artículo 18 de la Ley de Prevención de Riesgos Laborales.
 - Concetos Básicos y Normativa en materia de Prevención de Riesgos Laborales.
 - Riesgos Generales y Medidas preventivas a bordo de Buques.
 - Riesgos específicos del Personal de Fonda.
 - Medidas Preventivas durante las maniobras a bordo:
 - Largado de red.
 - Plantado de Objetos.
 - Descarga.
 - Gestión de viajes. Medidas Preventivas.
- Medidas y Actuación en caso de Emergencia según lo indicado en el artículo 20 de la Ley 31/1995 de 8 de noviembre de Prevención de Riesgos Laborales (PRL).



**Specialised
Vessel
Services**

CERTIFICATE OF SERVICE

This is to certify and places on record that **George Nicholas Adenyo**, date of birth 21.04.1977, holder of Kenyan Seaman Book No 28700 has served on board

Name of Vessel: SVS MORGAN

IMO No	: 8110538	Port of Registry:	ZANZIBAR
Off. No	: 100151	Type of Vessel	: TUG
Call Sign	: 5IM 480	Main Engines	: YANMAR
Net Tonnage	: 258	BHP	: 2800
Gross Tonnage	: 863	L.O.A	: 57.7
Dead weight	: 989.83	Draft	: 3.9

From 20 July 2013 to 06 Sept 2013 in the capacity of **CHIEF COOK** under my command.

DURING THIS PERIOD OF SERVICE HE HAD SHOWN:

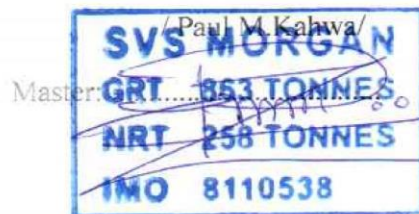
ABILITY	-Very high standard in all aspect
CONDUCT	-Exemplary
DILIGENCE	-Extremely willing and hard worker
DISCIPLINE	-Very satisfactory
RESPONSABILITY	-Has demonstrate a high degree of responsibility at all time
SOBRIETY	-As far we know has never abuse Alcohol
TIME KEEPING	- Always Punctual and work hour in Excess on duty
REASON FOR SIGN OF	-Contract completed

We sincerely hope that he will return to us at the completion of his vacation

We are entirely satisfied with his employment.

Date: 06.09.2013

Port: Mombasa





SOEM 15.26 CREW APPRAISAL FORM

/essel Name		SVS HAWKINS		Adenyo George Nikolas		Note : Master's Appraisal are to be done by Port SI or Captain & DPA	
Rank		COOK		26.12.2013			

REPORT FOR RATINGS

No.	Items	POINTS		
		Master	Port SI/Capt	DPA
1	Ability	10		
2	Reliability	10		
3	Work Attitude	10		
4	Punctuality	9		
5	Conduct	10		
6	Safe Working Practices	10		
7	Initiative	10		
8	Awareness of SMS	8		
9	Interpersonal Skills	10		
10	Communication Skills	10		
TOTAL POINTS		97		

Adenyo George Nikolas:

Good cook, produce a balanced nutritious menu, courteous, organized, disciplined, fully understand his duties.

SVS HAWKINS
KINGSTOWN
IMO NO.: 9657997
OFFICIAL NO.: 11151

REASON FOR EVALUATION (To be completed by Master)

FS	Subject Sign on		Suitable for Promotion
	Master sign off		Suitable for Re-employment
	Recommendation for Promotion		Not Suitable for re-employment
	Recommendation for Termination		Need more training (Specify)

ASSESSOR VERIFICATION

Assessor	Signature	Total Score
Master Valentin Deyanov		97
DPA		
Port SI or Capt		
Crewing Officer/Manager		
Appraise		
Total Average Score:		

Title :	SOEM 15.26 CREW APPRAISAL FORM		Pages	1
Revision :	1	Prepared by :	JDH	Date of issued
		Approved by :	WRB	15/05/2011

Covid-19 Vaccination Certificate

REPUBLIC OF KENYA



MINISTRY OF HEALTH

This is to certify that **George Nicholas Adenyo**, born on **Thu Apr 21 1977**, from **Kenya** with **National Id: 20259308**, has been vaccinated against **Covid 19** on the date indicated in accordance with the National Health Regulations.

Vaccine	Dose	Date Administered	Batch No
Janssen (Ad26.COV2-S)	1	Sun Feb 06 2022	XE528

Scan To Verify



This document is system generated and therefore does not require a signature.

You may confirm this certificate by scanning the QR code.

JAMHURI YA KENYA

REPUBLIC OF KENYA

SERIAL NUMBER: 252632319

ID NUMBER: 20259308

FULL NAMES

GEORGE NICHOLAS ADENYO

DATE OF BIRTH

21. 04. 1977

SEX

MALE

DISTRICT OF BIRTH

KISUMU CENTRAL

PLACE OF ISSUE

KISAUNI

DATE OF ISSUE

04. 07. 2022

HOLDER'S SIGN



DISTRICT
SEME
DIVISION
KOMBWA
LOCATION
WEST SEME
SUB-LOCATION
KOPUDO



PRINCIPAL REGISTRAR'S SIGN

T0359655596

IDKYA2526323197<<4231<<<<0121
7704215M2207043<B020259308X<<5
GEORGE<NICHOLAS<ADENYO<<<<<<<<