



# Rafael Endaya Cario

## Contact

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📍 Block 2 Lot 37 Springtime County Platero, Binan, Laguna, Philippines 4024

## Career Objective

To secure a challenging position in a reputable organization where I can utilize my skills, knowledge, and experience for the benefit of the team while having the opportunity to develop and expand my professional skill set and contribute to the company's success.

## Work Experience

**Chief Cook** **March 2021 – November 2023**  
**Marlow Navigation Co., Ltd** – Leon Guinto, Malate Manila, Philippines

- Responsible for organizing and directing all operations of the food production area while achieving and maintaining set standards.
- Developed and maintained food and supply inventory controls.
- Preparing food for all crews.

**Chief Cook** **Oct 2017 – June 2018 & Aug 2018 – April 2019**  
**Sealanes Marines Services, Inc.** – Bagtikan Makati, Philippines

- Responsible for organizing and directing all operations of the food production area while achieving and maintaining set standards.
- Developed and maintained food and supply inventory controls.
- Preparing food for all crews.

**Cook** **Jun 2010 – Aug 2015**  
**Conautic Maritime Company** – Ermita, Manila, Philippines

- Responsible for organizing and directing all operations of the food production area while achieving and maintaining set standards.
- Developed and maintained food and supply inventory controls.
- Preparing food for all crews.

**Chef De Partie** **Aug 2009 – Apr 2010**  
**BP International Shipping Corp.** – **Sampaloc Manila, Philippines**

- Responsible to check food preparation in hot dept and checking all cooks to maintain and follow the standards procedure.
- Deciding on the quantities of food to be cooked and size of portions to be served.
- Enforcing strict health and hygiene standards in the cooking & food preparation area

## Personal Data

Age : 50 years old  
Date of Birth : July 17, 1973  
Gender : Male  
Civil Status : Married  
Height : 162 cm  
Weight : 63 kg  
Nationality : Filipino  
Religion : Roman Catholic

## Education

### College Degree

Lyceum of the Philippines – Manila  
Hotel and Restaurant  
Management

## Skills

Cooking Methods  
Implementing recipes  
Preparing meals  
Food Preparation  
Food Costings

## Available Documents

Passport No. : P5783900B  
Place Issued : DFA NCR South  
Validity : Nov 17, 2020 –  
Nov 16, 2030

SIRB No. : C1525316  
Place Issued : SM Manila-Manila  
Validity : Sept 4, 2019 –  
Sept 4, 2029

SRC No. : 0473030-03

## Reference

**Carla Jane Apostol**  
Crewing Manager  
Marlow Navigation Co., Ltd  
Tel No: +63 917 577 7948

"I hereby certify that the above  
information is true and correct to  
the best of my knowledge and  
belief."

## Work Experience (Cont.)

**Cook** **Jun 2007 – Apr 2009**  
**CF Sharp Crewing Company** – Intramuros Manila, Philippines

- Responsible in the preparation of food under the supervision of the Head Chef.
- Ensures all food is prepared fresh and is of the highest quality, strictly adheres to all recipes, methods and instructions from supervisor, maintains and organized and efficient flow of production.
- Checks station upon arrival to determine status of outstanding safety, or equipment issues, check station prior to leaving to ensure cleanliness, proper disposal/removal of food and proper storing and labeling.

**Cook** **Aug 2004 – Jan 2007**  
**United Philippines Lines Company** – Intramuros, Manila, Philippines

- Responsible in the preparation of food under the supervision of the Head Chef.
- Ensures all food is prepared fresh and is of the highest quality, strictly adheres to all recipes, methods and instructions from supervisor, maintains and organized and efficient flow of production.
- Checks station upon arrival to determine status of outstanding safety, or equipment issues, check station prior to leaving to ensure cleanliness, proper disposal/removal of food and proper storing and labeling.

## Trainings

**Refresher on Basic Training** **September 11, 2019**  
ZRC Training and Assessment Center Phils., Inc. – Ermita, Manila

**Crowd Management** **Jul 13, 2007 – Jul 13, 2007**  
Bahamas Maritime Authority – Norwegian Dawn

**Crowd Management** **May 10 – 11, 2016**  
Magsaysay Training Center

**Proficiency in Crisis Management And Human Behavior**  
**May 18-19, 2016**  
Altitude Maritime Training Center

**Refresher Training on Proficiency in Survival Craft and Rescue Boats**  
November 25, 2020

**National Certificates III** **Jan 21, 2021 – Jan 20, 2026**  
Ships Catering Services [ Ships Cook ]

**RAFAEL ENDAYA CARIO**  
*Applicant*