



Mr. Carlito Vasquez Gabriel

42 Payna St. Brgy. Veterans Village, Project 7, Quezon City 1105, NCR, Philippines
Tel. 0968-3032-963

Qualifications A highly experienced cook, creative and knowledgeable in method of cooking with extensive background in kitchen area particularly in Hotel and Restaurant Operations and industrial catering. Ability to work in extreme pressure.

Date of Birth May 28, 1970

Educational Background

Two years Hotel and Restaurant Management, June 1992 - March 1994

Sea Base Experience

2 August 2023 – July 2 2024	M/V Belforest (Bulk) Worldwide Chief Cook
10 April 2022 – 6 April 2023	M/V Belmoira (Bulk) Worldwide Chief Cook
25 August 2020 - 19 May 2021	M/V Lucy Borchard (Container) Worldwide Chief Cook
13 June 2019 – 12 December 2019	M/V Elnath (Bulk) Worldwide Chief Cook
26 November 2018 – 16 January 2019	M/V Blue Cat (Bulk) Worldwide Chief Cook
06 June 2016 – 04 February 2017	M/V Kypross Sky (Bulk) Worldwide Chief Cook

17 January 2015– 1 November 2015	M/V Kypross Bravery (Bulk) Worldwide Chief Cook
12 March 2014 – 24 July 2014	M/V Amur River (Container) Worldwide Chief Cook
02 December 2012 – 22 October 2013	M/V UBC Limas (Bulk) Worldwide Chief Cook
19 January 2011–June 20, 2011	M/V Oranda I (Offshore) Workboat Chief Cook
3 August 2010 - 18 November 2010	M/V PUCCINI (Offshore) Barge Base in Kazakhstan with 300 crews Cook
20 December 2009 – 19 June 2010	M/V PUCCINI (Offshore) Barge Base in Kazakhstan with 300 crews 2 nd Cook
5 August 2009 – 24 August 2009	M/V SEMAC 1 (Offshore) Barge Base in China with 340 crews 1 st Cook

Land Based Experience

1996-1998	National Pipe Company, Al-khobar Assistant Cook
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Certificates

Basic Training for Oil and Chemical Tanker Cargo Operations	Nov. 15 to 20, 2021 GMPC-Manila INC
Hygiene and Food Safety Course (HACCP)	May 17, 2016 Oceanic Catering
Cooking at Sea	May 10-11, 2016 Oceanic Catering

NCIII

May 6, 2016
TESDA

Culinary Skill Development Program

07-14 January 2014,
V.Ship Catering Culinary
Training Center

Food and Catering Management

08-12 December 2014,
Seapreneur Training Center

NC II

January 28, 2014,
TESDA

Food and Hygiene Course

06-16 November 2014,
ISNTC

SeaChef with HACCP

06-17 August 2012,
BSM Maritime Training

Certificate in Culinary Training

August 1-5, 2011,
AICA Culinary and Arts
Training Center

Hobbies: Cooking, Marketing

References:

Mr. Henry Magat
Professor in Adamson University
FB Acc: Henry Magat

Msgr. Manuel Gabriel
Secretary in CBCP
FB Acc: Manuel Gabriel