

CURRICULUM VITAE

Name: ELLINOVERT MJARIFU SONDO

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Nationality: Tanzanian

Temeke -Dar es Salaam.

Date of Birth: 08/11/1980



PROFESSIONAL SUMMARY

Passionate and creative Chef with over 10 years of experience in leading high-end hotels and restaurants in catering services. Highly skilled in menu development, food preparation, and kitchen management with a focus on sustainable ingredients and innovative presentation.

SEA SERVICE/ WORKING EXPERIENCE

HOTEL / VESSEL NAME	GRT	VOYAGE	RANK	JOINING DATE	SIGNING OFF DATE
Mv Mpungu	2921	In land	Head Chef	May,15-2024	To date
Korogwe Exacutive Hotel	-	-	Head Chef	Sept-2018	May-2023
LSG Sky Chef	-	-	Cook inflight Catering	January-2016	December-2017
The Chef Restaurant	-	-	Assistant Chef	March-2014	November-2015
White Parrot Hotel	-	-	Executive Chef	July-2010	February-2013
Regency Park Hotel	-	-	Chief Cook	January-2007	November-2009
Peacock Hotel	-	-	Training	June 2005	September 2005

DUTIES AND SKILLS

- Thorough knowledge on food safety, hygiene and sanitation.
- Preparing Buffet Menu and Preparing a la carte menu
- Prepare snack and packing food for airline
- Possess advanced knife handling skills
- Effective skills on waste management and disposal.
- Capable of assisting procurement team with storing operations and quality control
- Excellent time management on food preparation and good organizational skills.
- Possess excellent food knowledge and a full understanding of culinary terms
- Highly cooperative, managing and well-focused on leading and/or working with the team.
- Physical stamina to handle repetitive tasks and perform heavy and light liftings.
- Ability to work well on fast-paced and high-pressure environment.
- Knowledge of public health standards and proper use of Personal Protective Equipment (**PPE**) like gloves, safety glasses, shoes and overalls.
- Good communication skills with proficiency in English Language and Kiswahili language.

GALLEY CERTIFICATES

CERTIFICATE	AUTHORITY ISSUED	NUMBER	ISSUED DATE	EXPIRY DATE
Basic Ship Cook	TASAC-Tanzania	0016	02/02/2024	01/02/2029
Certificate in food production	NCT-Tanzania	4792	01/12/2005	Nil

STCW 78/2010 CERTIFICATES

CERTIFICATE	AUTHORITY ISSUED	NUMBER	ISSUED DATE	EXPIRY DATE
Personal Survival Technique	TASAC-Tanzania	14200	02/02/2024	01/02/2029
Fire Prevention and Fire Fighting	TASAC-Tanzania	14428	26/01/2024	25/01/2029
Security Awareness Training	TASAC-Tanzania	11608	02/02/2024	Nil
Elementary First Aid	TASAC-Tanzania	06268	26/01/2024	25/01/2029

Personal Safety and Social Responsibilities	TASAC-Tanzania	13920	26/01/2024	25/01/2029
Crowed Management	TASAC-Tanzania	01025	10-05-2024	Nil

EDUCATION

INSTITUTION	YEAR	AWARD
Dar es salaam Marine Institute	Jan 2024 – Feb 2024	Mandatory Certificate of STCW 2010
National Collage of Tourism	Jan 2005 – Dec 2005	Certificate in food production
Air Wing Secondary School	1996 – 1999	Certificate of Secondary Education

TRAVEL AND OTHER DOCUMENTS

DOCUMENT	NUMBER	AUTHORITY ISSUED	ISSUED DATE	EXPIRY DATE
Passport	TAE715636	P C O-Dar es Salaam	19-03-2024	18-03-2034
Seafarer Identity & Record book (CDC)	CDC6902	TASAC-Tanzania	08-03-2024	07-03-2029
Yellow Fever Vaccination Certificate	356986	Ministry of Health	13-03-2024	Nil
COVID 19 Vaccination Certificate	IVD00026025439	Ministry of Health	17-01-2023	Nil

REFEREES

Konsi Mgawe
Captain of Mv Mpungu
Grindrod Logistics Company.
Phone; +255654922251
Kampala-Uganda.

Mr. Masunda Zaine
General Manager
Regency Park Hotel
Tel: +255 022 – 2771183
Dar es Salaam-Tanzania

Anitha Mphuru
Deneral Manager
Korogwe Executive Hotel

Phone: +255653158949
Tanga-Tanzania

Mr. Elphace Ocholla
Human Resource Manager
LSG Sky chef
Mobile: +255767600679
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