

# AMOS AFLO

## ROLE

Assisted with deck operations and maintenance. Learned safety procedures and protocols. Gained experience with mooring and unmooring operations. Developed teamwork and communication skills. Familiarized with shipboard equipment and systems. Supported senior crewmembers. Maintained a safe working environment



## BIO

**Date of Birth:** 24<sup>TH</sup> April 1988

**Nationality:** Ghanaian

**Phone number:** +233245501399

**E-mail:** afloamos@gmail.com

**Location:** Koforidua

**Driving licence:** AMO-24041988-50066

**Passport:** G2474821

**Wife's Name:** Mary Seamah

**Rank:** OS

**Height:** 1.70m

**Weight:** 82.10kg

**Shoe Size:** 44

**Overall Size:** 52

**Language:** English

## PROFILE

Recent graduate with foundational knowledge in Pre-Sea Rating Course and hands-on experience gained through academic projects and internships. Demonstrates strong teamwork, problem-solving, and time-management skills. Prepared to start a career and make meaningful contributions with commitment and drive.

Proven ability to support vessel operations, manage deck duties, and maintain equipment. Team-oriented with a focus on achieving results and adapting to changing conditions.

Hardworking and passionate job seeker with strong organizational skills eager to secure an entry-level Ordinary Seaman Position. Ready to help the team achieve company goals.

## TRAINING AND CERTIFICATES

STCW COURSES	NUMBER	DATE OF ISSUE	VALIDITY	COUNTRY OF ISSUE
Pre-Sea Rating Course	S/N No. 006665	27.06.2025	UNLIMITED	Ghana - RMU
Personal Survival Technique	No. 00022029	25.06.2025	24.06.2030	Ghana - RMU
Fire Prevention and Fire Fighting	No. 00020533	16.05.2025	15.05.2030	Ghana - RMU
Elementary First Aid	No. 00020637	20.05.2025	19.05.2030	Ghana - RMU
Personal Safety and Social Responsibility	No. 00021737	18.06.2025	17.06.2030	Ghana - RMU
Security Awareness and Designated Security Duties	No. 00020539	16.05.2025	15.05.2030	Ghana - RMU
Seafarer's Identity Document	GMA-SID-3319	10.07.2025	09.07.2030	Ghana - GMA
Certificate of Discharge	GMA-COD-3874	10.07.2025	09.07.2030	Ghana - GMA
COP Familiarisation and Basic Safety Training	GMA-FB-4764	10.07.2025	09.07.2030	Ghana - GMA
COP Security Awareness and Designated Security Duties	GMA-SA-4634	10.07.2025	09.07.2030	Ghana - GMA
Medicals	No. TM0000016480	08.07.2025	07.07.2027	Ghana - GMA
Yellow Card	No. ICVP 0570451	28.11.2018	28.11.2028	Ghana - MOH

## SKILLS

---

- Basic Safety Training
- Deck Maintenance
- Mooring and Anchoring
- Knot-Tying and Rope Handling
- Painting and coatings
- Computing skills
- Cargo handling
- Physical stamina
- Basic knowledge
- Watch keeping proficiency
- Teamwork and operation
- Basic Firefighting Skills
- Physical labour
- Attention to detail
- Basic First Aid
- Swimming and Survival Skills
- Communication Skills
- STCW Certification
- Adaptability and Teamwork
- Navigation and Seamanship

## EDUCATION

---

Regional Maritime University	Pre-Sea Rating Course	5 <sup>TH</sup> May, 2025 to 27 <sup>TH</sup> June, 2025
Maritime Safety School	STCW Course	16 <sup>TH</sup> May 2025 to 24 <sup>TH</sup> June 2025
Advance Information Technology Institute	Marketing Management	2 <sup>ND</sup> March 2020 to 30 <sup>TH</sup> April 2020
Christian Service University College	BA Communication Studies	8 <sup>TH</sup> September 2009 to 23 <sup>RD</sup> May 2014
Ghana National College	WASSCE	21 <sup>ST</sup> September 2005 to 27 <sup>TH</sup> June 2008

## EXPERIENCE

---

Completed maritime training program (**Pre-Sea Rating Course**)

Possess relevant certifications (e.g., **Basic Safety Training (BST)**, **Basic Firefighting**, **Basic First Aid**, and **Survival Craft**).

Strong teamwork and communication skills.

Eager to apply knowledge and skills in a maritime setting.

Navigation and Seamanship

Physical ability to perform demanding tasks

### LAND BASED EXPERIENCE:

#### **KSM PAINTING | Painter/Supervisor | 2018-2020**

Surface preparation: Cleaning, sanding, and priming surfaces for painting.

Paint application: Applying paint using various techniques (brush, roller, spray).

Colour matching: Matching colours and finishes to specifications.

Detail work: Painting trim, moulding, and other detailed areas.

Maintenance: Touching up or repainting surfaces as needed.

#### **MASHAL CONSTRUCTION | Labourer | 2018-2020**

Site preparation: Preparing building sites for construction.

Material handling: Managing and transporting materials.

Maintenance: Performing routine maintenance tasks.

Safety protocols: Following safety guidelines and regulations.

## HOBBIES AND INTERESTS

---

Fishing: Enjoying fishing during downtime or while at sea.

Sports: Playing sports like soccer, basketball, or volleyball with crewmembers.

Reading: Reading books, articles, or maritime-related materials.

Travel photography: Capturing photos of ports and experiences.

Fitness and exercise: Staying physically active through workouts or sports.

Maritime-related activities: Model shipbuilding, maritime history, or sailing.

## REFERENCES

---

**Mr. Bismark Addo | Lead Painter/Supervisor | +233249467849 |**

**Mr. Masawudu | Project Manager: | +233207908042 |**

**Captain Alfred | Lecturer – Regional Maritime University | +233244811499 |**